

Consumer Initiative Grants

The Consumer Initiative Grants is for people in recovery with a diagnosis of mental illness or co-occurring disorder receiving DMHAS services.



Are you creative, full of ideas, motivated, and ready to start on a project of your choice?
Then ... this program is for YOU! Don't miss out!

Apply for the **Spring** Program.

Applications must arrive no later than **Monday March 26, 2018**

Here are some ideas although we encourage you to use your imagination and broaden your horizon. *Think outside the box.*

Arts & Ideas

- Music Lessons, Painting classes, Photography, Jewelry Making, etc.

Adventure

- Outdoor program, Horseback Riding, Spiritual Retreats, etc.

Health and Wellness

- Fitness classes
- Yoga
- Swimming
- Cooking Workshops
- Nutrition Workshops

Applications available at: www.continuumct.org

Located under **South Central Peer Services**

For questions, or to send your application contact:

Consumer Initiative Grants Administrator

Ivette Altieri

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South Central Peer Services

458 Grand Avenue, Suite 209

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Send us (1) one copy of your application by fax or mail & keep one for yourself.